

Follow Me 1 Hear Hope

WAYS TO PRACTICE HEARING HOPE AT HOME

In Hebrew the word for *hope* and *rope* are the same word *tikvah*. The image of a rope keeps us connected and holding on to the hope we find in God. We hear hope in the stories of God's actions with God's people and the hope it then gives others.

- Read some stories about God's promises in a Bible storybook. Check out the stories of Abraham and Sarah, Joseph, Moses and Miriam, and the many other brave women and men in Growing in God's Love: A Story Bible (Flyaway Books, 2018).
- Watch the YouTube video "Promises Worship Video" (bit.ly /FMPromisesDance, 2:52). Dance and sing along to the hope you hear!
- A question that may be asked at the end of the day or week is, "Where have you seen God today (or this week)?" Instead of seeing, talk together about where you have *heard* hope today (or this week). Have you *heard* hope in the stories that friends tell you? Have you *heard* hope in the news of your neighborhood or city, our country, or the world? How can you be someone who helps others *hear* hope?
- Listen to music you like. Where do you hear hope in the tune or the words? Listen to music you don't usually listen to and ask yourselves the same question. Wonder together how we can hear the hope others hear in the music they like.

God of hope, open our ears to your words of hope, spoken through Scripture, heard on the voices of others, and sometimes in places we don't expect. Amen. These children are offering their ropes of hope to each other. Can you find the pairs?

