

# Calm to the Waves

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The musical score is written for voice and piano. It consists of two systems of music. The first system has a vocal line in treble clef and a piano accompaniment in bass clef. The second system also has a vocal line in treble clef and a piano accompaniment in bass clef. The key signature is one sharp (F#) and the time signature is 4/4. The lyrics are: "Calm to the waves. Calm to the wind. Je - sus whis - pers, 'Peace, be still.'" Balm to our hearts. Fears at an end. In still - ness, hear his voice.

The first half of this refrain text deals with the external environment, while the second half concerns our interior response. Similarly, the first half of the music gradually moves upward, while the direction of the second half is downward, enhancing a sense of centeredness.