

Workshop Sunday October 8, 2023

Sunday, October 8 will be GCPC's 5th annual Workshop Sunday event. We'll start with a brief worship service at 9:30. From 10:00-12:00, we'll pursue the service projects listed below. At approximately noon, we'll gather for lunch (a free will donation will be collected).

Please save your plastic grocery bags for the Project Starfish team, even if you aren't planning on joining that project. Bags can be left in the big barrel outside the sanctuary anytime before October 8.



Sign up for a Project Between Sept. 10 – October 1

Please choose one of the following service projects and sign up for it online at www.gcpc.org/workshop. Each member of a household needs to sign up for a project and indicate whether they'll be eating lunch!

- **The Whole Person Fall Lean Clean Up** – The Whole Person provides services to people with disabilities to ensure they are able live to independently in their communities. We'll be traveling to the homes of some of their clients who need help with fall landscape maintenance. Bring your workgloves, and wear clothes you don't mind getting dirty.
- **Beautify and Improve GCPC** – With the help of Facilities team, we'll do many tasks to tidy up and make improvements in and around our own building: washing windows, cleaning under pews, sweeping, dusting, clearing fallen sticks and other chores. Bring a pair of workgloves if you want to work outside!

- **Mission Quilts/Tactile Quilts**– Help tie and bind a quilt for homeless relief, or make tactile quilts for nursing home residents with dementia. No sewing experience or supplies are necessary; we'll teach you what to do for either project. (If you have a sewing machine and want to bring it to make tactile quilts, that's great! But you don't have to bring a sewing machine to do either project.)
- **Tour the Project Living Proof House at Metropolitan Energy Center** - Join this project to tour a historic demonstration home in KCMO and learn how sustainability and efficiency are possible and affordable, even in older homes. Visit <https://metroenergy.org/programs/project-living-proof/> for more details.
- **Starfish Project Plastic Bag Mats** - Sarah Stolberg from Project Starfish will teach us how to make mats from plastic grocery bags. Project Starfish distributes these mats to unhoused individuals to ensure they won't have to sleep on the bare ground. No experience is necessary!
- **Stream Clean-up** – We'll do a stream clean-up for the city of Olathe. This project requires some scrambling up and down steep creek banks and lifting, as well as shoes and clothes that you don't mind getting wet and muddy. Volunteers should be at least 8 years old, and volunteers under 18 will need to complete a waiver. Please complete the waiver for any minors you're signing up and send a PDF or picture of it to michala.walker@gmail.com by October 1.
- **Lunch + Clean Up** - Hungry people are going to come back from these projects and need lunch! Join this project to help prepare and serve lunch, set up Heartland Hall, and clean up afterwards. Everybody on this team gets lunch for free!

We hope to see everyone there! Contact Mikki Walker at michala.walker@gmail.com with any questions, or if you have any difficulty with the online sign-ups.